

Merryhills School

Lunch Menu



Week 1 W/B APRIL 17th MAY 8th June 5th & 26th July 17th 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Harry Ramsden Fish Fillet	Beef Bolognese with Pasta Shells	Chicken Curry	*Roast Turkey & Yorkshire Pudding	Shepherd's Pie (Lamb)
Vegetable Frittata	Jacket Potato with Cheese & Beans	Tomato & Basil Pasta	Quorn Tikka Pasty	2 Quorn Hot Dogs & Bun
Chips	Crusty Bread	Naan Bread & Rice	Roast Potatoes	New Potatoes
Peas & Diced Carrots & Salad	Salad, Carrot Batons & Baked Beans	Green Beans, Sweetcorn & Salad	Carrots, Peas & Cauliflower	Sweetcorn & Peas
Melon Boats	Fruity Flapjack & Custard	Carrot Cake & Custard	Chocolate Ice Cream Roll	Fruit Smoothie

Week 2 W/B APRIL 24th MAY 15th JUNE 12th JULY 3rd

3 Fish Fingers	Chicken Burger in a Bun	Lasagne	Chicken Paella	*Roast Beef & Yorkshire Pudding
2 Linda McCartney Sausages	Omelette	Cheese & Spinach Puff	Macaroni Cheese	Quorn Shepherd's Pie
Mashed Potato	Chips	New Potatoes/Cous Cous	Crusty Bread	Roast Potatoes
Sweetcorn & Peas	Baked Beans, Peas, Salad & Coleslaw	Salad & Green Beans	Sweetcorn & Broccoli	Broccoli & Carrots
Ice Cream & Orange Wedge	*Apple Crumble & Custard	Fruit & Ice Cream	Iced Fruit Cake & Custard	Melon Boat

Week 3 W/B MAY 1st & 22nd JUNE 19th JULY 10th

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Beef	Chicken Goujon's	Spaghetti Bolognese	*Roast Turkey & Yorkshire Pudding	Fish Pie
Jacket Potato with Cheese & Beans	Quorn Burger in a bun	Vegetarian Curry	Roasted Quorn Fillet	Margarita Pizza
Rice or Jacket Potato	Chips	Naan Bread & Rice	*Roast Potatoes	Crusty Bread
Salad & Sweetcorn	Salad, Coleslaw, Baked Bean & Peas	Sweetcorn & Peas	Broccoli Carrots	Green Beans, Sweetcorn & Salad
Apple Crumble & Custard	Melon Boat	Jam & Coconut Sponge with Custard	Fruit & Jelly	Ice Cream & Fruit Salad

*****Available daily: Carrot & Cucumber Sticks, Fresh Fruit Salad, Fruit Yoghurt and Bread*****

All our fish is MSC-Certified (Marine Stewardship Council).

All our meat is fresh and free range and purchased locally from Normans Butcher Shop in Oakwood.

All our fresh fruit & vegetables are sourced locally and our eggs are free range.

***indicates dishes that are cooked fresh from raw ingredients by our kitchen staff. This menu is subject to change**