

## Cygnnet

### Parent Information Sessions about Autism

Are you the parent or carer of a child/young person with a diagnosis of

### Autism?

If you live in Enfield and your child/young person is 6 to 18 years old and is in education, Cygnnet is a **free** course available to you!

I feel much more confident in tackling issues.

The sessions were very helpful, I've enjoyed them & learnt a lot.



After attending Cygnnet I feel more confident & now I feel that I can stand for my child.

Very informative & interactive sessions.

These courses are offered at no charge because they are funded through the High Needs outreach budget. Cygnnet consists of 5 core weekly information sessions, and 1 or 2 additional sessions where you can find out more about Autism and learn about strategies to support your child or young person. These sessions are run on a termly basis by Educational Psychologists and Parent Support Advisors that work in Enfield Advisory Service for Autism, in a supportive and confidential group.

**Session 1 – Autism and Diagnosis**

**Session 2 – Sensory Issues**

**Session 3 – Communication**

**Session 4 – Understanding Behaviour**

**Session 5 – Supporting Behaviour**

**Session 6 Additional session on Sibling Support** (following term sessions **6/7** on Puberty, Sexual Wellbeing & Relationships)

**Any questions or to request a place on Cygnet - please contact:**

**Tel:** 0208 353 4186

**Email:** [admin@enfieldasa.org.uk](mailto:admin@enfieldasa.org.uk)

**Access the referral form via the website:**  
[www.enfieldasa.org.uk/](http://www.enfieldasa.org.uk/)

## Date and Time

All sessions run from **9.30am-12.30pm** on **Wednesdays** **Dates:** Core sessions **1,2,3,4,& 5** from **5th September to 3rd October 2018.**

**Dates:** **10th October 2018** Additional session 6 on Sibling Support (following term sessions **6/7** on Puberty, Sexual Wellbeing & Relationships)

### Attendance Criteria

- ◇ A referral form must be completed to access Cygnet
- ◇ Places on Cygnet will be confirmed with a letter to parents
- ◇ Parents must be committed to attend & arrive on time
- ◇ Core sessions (1-5) must be attended before additional
- ◇ Parents can bring interpreters, relatives & school staff e.g. Teaching Assistant/Teacher (please let us know in advance).

### Venue & Map **Enfield Advisory Service for Autism**

**Bell Lane (next to Youth Centre) Enfield EN3 5PA**

